

Asian Food Solutions®

NUTRITION . TASTE . VALUE

Yakisoba Noodles

Product Code: 22001WG

GTIN# 00856235005514

INGREDIENTS:

Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Wheat Gluten, 100% Fully Refined Soybean Oil, Salt, Potassium Carbonate, Sodium Carbonate.

CONTAINS: WHEAT.

Nutrition Facts	
About 40 servings per container	
Serving size	2.06 oz. (58g)
Amount per serving	
Calories	110
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 20g	7%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 1mg	6%
Potassium 75mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

PACKAGING:

Pack Size:	4 x 5.15 lb. bags
Serving Size:	2.06 oz.
Servings per Case:	160 Servings
Case Dimensions:	13.25" x 11" x 8"
Case Cube:	0.68
Weight:	20.60 lbs. (Net); 21.60 lbs. (Gross)
Ti x Hi:	10 x 8

SHELF LIFE: Frozen 15 months at 0°F +/- 10°F.

BASIC HEATING INSTRUCTIONS:

Prep Noodles (product must be thawed)

For stir Fry, oven and boil in pot methods

Place thawed noodles into a colander and rinse under warm water. Loosen noodles with your hands until noodles are separated. Drain.

Stir Fry (Best) – (Product must be thawed)

(Product must be prep first)

Heat pan, wok or flat grill to 450 Add oil to pan. Place thawed noodles and 3 cups of water into pan. Toss noodles with tongs or spatula. Continue cooking until hot or noodles.

Convection/Conventional Oven (Good)

(Product must be prep first) Preheat oven to 350 (convection) or 400 (conventional). Spray 2" full hotel pan with non-stick cooking spray. Empty thawed noodles into pan, add in 3 cups of water and cover with foil. Bake for 15 minutes, remove from oven and stir with tongs. Bake for additional 10 minutes or until product reach 165F.

Boil in Pot:

(Product must be prep first) Boil one gallon of water. Boil uncovered for approximately 3 minutes. Remove from heat. Drain in colander.

Boil in Bag/Steamer: (Fair) Place entire bag into hot boiling water or steamer for 15-20 minutes or until content reach Open bag and place content in a 4" pan. Toss noodles with tongs and serve. Be careful not to over boil.

CN Equivalency = 1G (Serving size =2.06oz)

R.4.20.20

product: PASTA, SPAG 10" SHLF STABL

PSYS: 198164

ASYS: 0997692

spec pulled on 3/28/18 by SEM

US Foods Specification

Last Updated: Apr-24-2017 03:12 PM

COO: US - United States

Nutrition/Ingredient

Nutritional Information

Select Label Type: ☒ Standard ☐ Prepared Food ☐ Multi-Pack ☐ Raw IngredientLabel Weight Type/Range: Label Weight: 

Nutrition Facts

Product 1

Serving Size (Household Measure) Serving Size (Metric Measure) Servings per Container

Amount Per Serving

Calories Calories from Fat

% Daily Value *


Total Fat g %Saturated Fat g %Trans Fat g Polyunsaturated Fat g Monounsaturated Fat g Cholesterol mg %Sodium mg %Potassium mg %Total Carbohydrate g %Dietary Fiber g %Soluble Fiber g Insoluble Fiber g Sugars g Sugar Alcohols g Other Carbohydrate g Protein g Vitamin A IU %Vitamin C mg %Calcium mg %Iron mg %Vitamin D mg Acesulfame Potassium g Aspartame g Biotin g Caffeine g Chloride g Chromium g Copper g Folate g %Iodine g Magnesium g Molybdenum g Niacin g %Pantothenic Acid (B5) g Phosphorus g Riboflavin

	<input type="text"/> g <input type="button" value="v"/>	<input type="text" value="15"/> %
Saccharin	<input type="text"/> g <input type="button" value="v"/>	<input type="text"/> %
Selenium	<input type="text"/> g <input type="button" value="v"/>	<input type="text"/> %
Sucralose	<input type="text"/> g <input type="button" value="v"/>	<input type="text"/> %
Thiamine (B1)	<input type="text"/> g <input type="button" value="v"/>	<input type="text" value="30"/> %
Vitamin B12	<input type="text"/> g <input type="button" value="v"/>	<input type="text"/> %
Vitamin B6	<input type="text"/> g <input type="button" value="v"/>	<input type="text"/> %
Vitamin E	<input type="text"/> g <input type="button" value="v"/>	<input type="text"/> %
Vitamin K	<input type="text"/> g <input type="button" value="v"/>	<input type="text"/> %
Zinc	<input type="text"/> g <input type="button" value="v"/>	<input type="text"/> %
Manganese	<input type="text"/> g <input type="button" value="v"/>	<input type="text"/> %

* The Percent Daily Values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs.

 Additional Nutrition and Supplement Facts/Labeling Requirements:

Ingredient Declaration

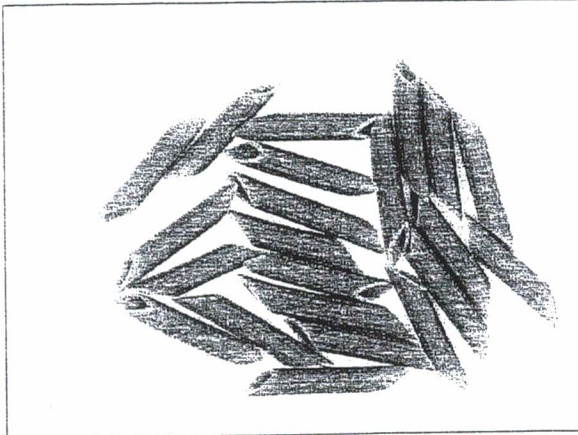
 Ingredient Statement: (Add Ingredient Statement EXACTLY as it appears on the package):

Semolina, durum flour, enriched with iron (ferrous sulfate) and B vitamins (niacin, thiamin mononitrate, riboflavin, folic acid).

CONTAINS: WHEAT

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SHARE PRINT



BARILLA

Pasta

PASTA, PENNE WHOLE GRAIN SHELF STABLE

9907111

2/10 LB

ADD TO ORDER

Quantity Available
CS: 62

Next Expected Restock
07/28

Product Description

Additional Description

PRODUCT OF THE US. THIS ITEM IS 100% WHOLE GRAIN.

Ingredients

WHOLE GRAIN DURUM WHEAT FLOUR.

Product Information

Class: 22 - GROCERY, DRY

Category: 234 - PASTA, SHELF STABLE

Group: 7729 - PASTA, PENNE, DRY

Manufacturer Information

BARILLA AMERICA INC

Manufacturer Product #: 1000013339

Preparation & Cooking

Preparations and Cooking Instructions

COOKING TIME: 9 MINUTES / PRE-COOKING TIME: 5 MINUTES

Handling Instructions

Store in dry environment at an ambient temperature.

Serving Suggestions:

Serve with your favorite Barilla sauce.

Nutrition Facts

80 Servings Per Container

Serving Size (2oz)

Amount Per Serving

Calories 180

	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 39g	13%
Dietary Fiber 6g	24%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

Supplemental Facts

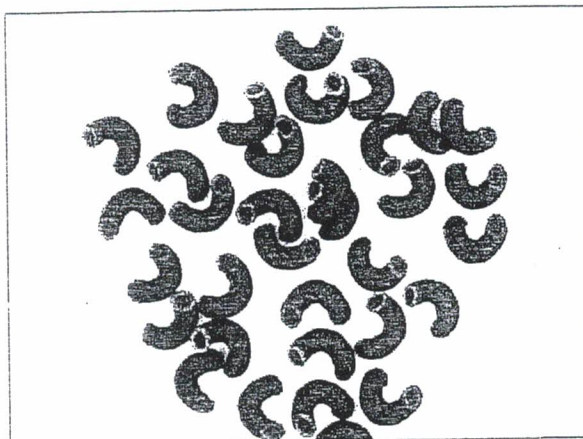
	% Daily Value *
Soluble Fiber 1g	0%
Insoluble Fiber 5g	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS: WHOLE GRAIN DURUM WHEAT FLOUR.
CONTAINS WHEAT INGREDIENTS.**

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SHARE PRINT



BARILLA

Pasta

PASTA, MACARONI ELBOW SMALL HEAVY WALL
WHOLE GRAIN SHELF STABLE

9124693

2/10 LB

ADD TO ORDER

Quantity Available
CS: 39

Next Expected Restock
07/21

Product Description

Additional Description

ITEM IS 100% WHOLE GRAIN.

Ingredients

WHOLE GRAIN DURUM WHEAT FLOUR.

Product Information

Class: 22 - GROCERY, DRY

Category: 234 - PASTA, SHELF STABLE

Group: 1721 - PASTA, ELBOW MACARONI, DRY

Manufacturer Information

BARILLA AMERICA INC

Manufacturer Product #: 1000013342

Preparation & Cooking

Preparations and Cooking Instructions

COOKING TIME: 6 MINUTES / PRE-COOKING TIME: 3 MINUTES

Handling Instructions

Store in dry environment at an ambient temperature.

Serving Suggestions:

Serve with your favorite Barilla sauce.

Nutrition Facts

80 Servings Per Container

Serving Size (2oz)

Amount Per Serving

Calories 180

% Daily Value *

Total Fat 1.5g 2%

Saturated Fat 0g 0%

Trans Fat g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 39g 13%

Dietary Fiber 6g 24%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 8g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 0%

Supplemental Facts

% Daily Value *

Soluble Fiber 1g 0%

Insoluble Fiber 5g 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS: WHOLE GRAIN DURUM WHEAT FLOUR.
CONTAINS WHEAT INGREDIENTS.**

Monarch

Product Description

Rice

Overview

This long grain brown rice is specially milled and processed for superior cooking quality then parboiled so it cooks in just 25 minutes saving your fast-paced kitchen time and labor. An excellent whole grain substitute for white rice in many recipes this full-flavored rice is perfect as a side dish for most any meat entree as the base in a casserole or in soups gumbos and pilafs. Plus this rice is shelf stable for up to 6 months prior to preparation. 25 lb. package.

Features

- Parboiled for quicker cooking time
- Specially milled and processed
- A kitchen staple for side dishes and in casseroles soups and gumbos
- A great whole grain substitute for white rice
- Shelf stable for up to 6 months
- 25 lb. package

Benefits

- Versatile: A kitchen staple for side dishes and in casseroles soups and gumbos
- Time-Saving: Parboiled for quicker 25 minute cooking time compared to standard brown rice
- Living Well: Great whole grain substitute for white rice

Ingredients

Parboiled Long Grain Brown Rice

Product Information

Class: 22 - GROCERY, DRY

Category: 176 - RICE, SHELF STABLE

Group: 1843 - RICE, BROWN (DRY NOT PREPARED)

Manufacturer Information

MONARCH

Manufacturer Product #: 873833

Preparation & Cooking

Handling Instructions

Prior to preparation, this product will be stable for up to 6 months when stored in a cool (60F - 70F) dry place,n/a

Serving Suggestions:

Monarch Parboiled Brown Rice is versatile and can be used as a side dish, a stand-alone, or as a base for other creative recipes.

Shipping Information

Physical Attributes

Gross Weight:	25.1 LB	Length:	18 IN
Net Weight:	25 LB	Cube:	.574 CF
Height:	4.5 IN	Catch Weight:	No
Width:	12.25 IN		

Storage Information

USF Storage:	DRY FOOD
Min. Temperature:	33 fa
Max. Temperature:	90 fa

Nutrition Facts

Servings Per Container

Serving Size (44g)

Amount Per Serving

Calories 150

		% Daily Value *
Total Fat	1g	1%
Saturated Fat	0g	0%
Trans Fat	g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrate	32g	12%
Dietary Fiber	1g	4%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	3g	
Vitamin A		0%
Vitamin C		0%
Calcium		0%
Iron		2%

Supplemental Facts

	% Daily Value *
Vitamin D	0mcg
Polyunsaturated Fat	0g
Monosaturated Fat	0g
Potassium	110mg

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.